



Preschool Parent Handbook

2021-2022

Welcome to Kings Bay Y

We are very pleased that you have chosen our program for your child! Drawing inspiration from Jewish values and culture, we aim to nurture the growth of the whole child in a caring, loving environment. We are looking forward to a rewarding journey together as your child grows as a unique person and a cherished member of our school community.

In order for us to ensure a smooth and effective program the KingsBayY Early Childhood Program has compiled the following policies and procedures for parents. We ask for your full cooperation and support by reading and complying with these policies.

Required Paperwork

The following forms and conditions must be met before beginning the school year:

- Financial obligations as agreed to in the Kings Bay YM-YWHA Contract must be met in full.
- An up-to-date medical form with a full immunization record must be on file. KingsBayY cannot accept students that are not fully vaccinated.

- COVID -19 waiver
- Pick up authorization
- Sunscreen form
- OCFS Health Screening Form
- Autopay Form

Financial obligations.

Should families wish to withdraw from the program at any time during the year, our usual 30-day notice provision will apply. Please note that the first and last month of the school year program [September and June are not refundable under any circumstance]. Should we be ordered to close by city, county, state, or federal officials at any time, families will be required to meet their financial commitment for the duration of that calendar month so that we can continue to compensate teachers through the end of the month. After that time, no further charges will be made until we re-open. (For example, suppose we were ordered to close from December 12 through February 10. Families would be required to pay their tuition through December 31, and teachers would be compensated through December 31. There would be no charges for the month of January, and charges for February would be prorated.) If we are required to close for a short period of time in the event of a positive case of COVID-19 in our community, there will be no refunds granted

Educational Philosophy

KingsBayY is a loving and caring community that embraces all families. We are dedicated to providing our students with a learning environment that nurtures their growth, curiosity and self-esteem. Our aim is to provide opportunities for children to develop a lifelong passion for learning, to get to know and love themselves as individuals and as members of a caring, cooperative learning community.

We are a progressive school grounded in the philosophy that children learn best through play. Our lively, hands-on curriculum is developed through direct observation of students' interests and individual needs. Through explorations both indoors and outside of our classrooms we engage children's curiosity, imagination and their five senses. In partnership with families, we strive to provide opportunities for each child to develop cognitively, physically, socially and emotionally at a rate that is most appropriate for them.

Jewish Life

KingsBayY is a pluralistic Jewish Community Center We are inspired by Jewish values and ideas and we welcome all families regardless of background.

A joyful introduction to Jewish life, culture and holidays is part of each child's experience at KingsBayY. Children become familiar with songs, customs and stories to expand their knowledge of holidays and Jewish values. The joy of Shabbat is shared by our classrooms together each Friday and we learn about and celebrate Jewish holidays and customs throughout the school year.

Children of all ethnic and religious backgrounds are welcome to enroll, and differences in their backgrounds are recognized and respected. While Christmas, Easter, Halloween and Valentine's Day (as well as other non-Jewish holidays) are not celebrated at school, please be assured that a child's mention of any home celebration is always a welcome topic in the classroom and will be treated with respect and interest.

KingsBayY's *B'rit Kehillah* - Commitment to Respectful Communal Behavior

KingsBayY is a pluralistic Jewish Community Center inspired by Jewish values and ideas that welcomes all families regardless of background. This *b'rit* (Hebrew for sacred agreement) establishes each individual's commitment to maintaining a school and a community environment grounded in mutual respect and a sense of personal responsibility.

As a member of the KingsBayY community, I affirm that I will:

- Treat all others with *kavod* (honor and respect) in recognition of each individual's dignity and potential;
- Communicate my thoughts in a courteous, timely, and considerate manner and respond similarly to others' communications;
- Refrain from any behavior that could be construed as sexually harassing, demeaning, hurtful, bullying, or inappropriate.

I understand that KingsBayY reserves the right to exclude any individual who fails to adhere to these standards of behavior in any interaction with staff, parents, or other members of the community.

Your Child's First Days at School

Starting the school year is a big step for a child. Adjusting to new places, people and routines is a process of developing trust in their teachers and the school environment. Each year support from parents and caregivers is an integral part of the process.

Our policy for all students is that the adjustment period (or "Phase In" period) each year is a gradual one. We ask that a parent or caregiver plan to stay close to the school for as long as the teachers and director, along with the parent, determine it is

necessary. We have found through experience that a slow, gradual separation sets up parents, teachers, and (most importantly) children for a successful school year.

Please see below for a sample of the daily schedule for our youngest students.

Time	Activities
8.30-9.00	Drop off/Arrival
9.00-9.20	Breakfast & Bathroom
9.30-10.00	Greeting time/ Story time
10.00-10.30	Art and craft
10.30-10.45	Prep time for outdoor
10.45-11.30	Outdoor
11.30-11.45	Prep for Lunch
11.45-12.15	Lunch
12.15 - 1.45	Nap time
1.45-2.15	centers time

2.15-3.00	Outdoors's activities
3.00-3.15	Changing time
3.15-3.30	snack
3.30-3.50	Story time
3.50-4.00	Dismissal

Phase In

Your child's first days at school are the Phase In period. The length of acclimating to school depends on your child's age group, class schedule and individual needs. This gradual beginning gives each child a chance to get to know his or her teachers, the classroom and its routines, and to feel comfortable in their new group setting in an atmosphere of trust. We understand that Phase-In can be inconvenient for families and we appreciate your cooperation during this period.

Please note that Phase-In begins BEFORE the beginning of the school year, during a special classroom visit that will be scheduled by your child's teachers. During this classroom visit, your child will be the focus, and you should save any questions you have for our Parent Night, which will also take place during this week via zoom.

Arrival and Departure

Children should be brought to school and picked-up promptly. Due to COVID-19, drop off will be in front of the classroom where the teacher will be taking your child's temperature while you sign them in. At this time we highly urge you to leave your stroller in the front prior to walking to the entrance.

If someone new will be picking up your child, be sure to notify our staff. YOUR CHILD WILL NOT BE RELEASED TO SOMEONE OTHER THAN A USUAL CAREGIVER WITHOUT WRITTEN CONSENT. If your plans for the day change, please call the school to make arrangements. Please make verbal contact with your child's teacher at drop-off and

let us know about anything unusual regarding his or her routine, mood, or physical status.

If you are running late please let the office know so we can notify the teachers!

Visitors and Special Guests

Due to Covid-19, we will not be able to accommodate any visitors or special guests in your child's class. We appreciate your understanding.

Parents and Our Community

Parent presence and involvement is a crucial part of our school community! There will be many opportunities throughout the school year for parents to assist in different capacities with school and community events such as holiday celebrations. If you or someone in your family would like to volunteer time/activity space/resources please speak with your child's teacher.

Class Parents

Your teachers will request that one or more of the parents in your class function as Class Parents. Class Parents are helpful to teachers with communication to other parents about general upcoming events, needs in the classroom, and times when volunteers may be required.

Conferences

Parent-teacher conferences this year will be via zoom and are scheduled twice a year, once in the fall and once in the spring. These conferences are for parents only and provide an opportunity to sit down with your child's teachers to discuss progress, interests, friendships, and goals for your child. If you wish to discuss something of immediate importance, please be sure to call or email for an appointment. We are ALWAYS happy to arrange a time to discuss your child with you.

Please DO NOT engage the teachers in conversation when class is in session, especially during arrival and dismissal times. Their responsibility at this time is to the children.

Clothing and Cubby Items

We cannot overemphasize the importance of sending your child to school in simple, washable clothing. It is inevitable that clothing gets dirty when children play. It is also extremely important that fastenings be simple enough to encourage your child's independence in toileting and dressing.

Your child's cubby should always be stocked with:

- Diapers / Pullups and wipes (if not toilet trained)
- 1 sweater / sweatshirt
- 1 change of underwear
- 1 change of pants
- 1 shirt
- 1 pair of socks
- 1 pair of extra sneakers
- 1 sheet & blanket for full time children (crib size sheets fit our rest mats very well)

ALL ITEMS MUST BE CLEARLY LABELED so they may be easily identified.

When soiled clothing or sheets and blankets are sent home, please launder and send back replacements on the next school day. Full day students' sheets and blankets will be sent home periodically.

Lunch, Snack, and Food Allergies

KingsBay Y is providing good quality, properly prepared in accordance with nutrition guidelines Kosher food. Children will have lunch, morning and afternoon snacks daily. Snack is also served during our after care session, 4-6pm

If your child has any allergies, please notify the school immediately so appropriate precautions can be taken to keep allergens away from your child.

Our school is NUT-FREE and we ask that you substitute for sun butter if your child's favorite food is a PB&J sandwich.

In order to keep or administer any emergency medications (including Benadryl, Epipens or nebulizer) our school is required to have instructions signed by your child's doctor.

Bringing Toys to School

If your child needs to bring her/his favorite toy to school, we do not object. Some children need the comfort of a special toy from home to help them make a comfortable adjustment to school or to help them nap comfortably.

If your child asks to bring toys to school which are not essential to his/her adjustment, we ask you to dissuade him/her since problems sometimes occur: other children may want to play with the toy, and toys can get lost, misplaced or broken at school.

Costumes, as well as guns and war toys are not permitted in school. For very young children the line between reality and pretend can be blurred and we find that these

toys encourage reenactment of "action" media which can lead to play that is too rough. A young child can have trouble following the routines of the day while dressed in a costume, as well.



BIRTHDAYS

A birthday party at school is a very important occasion in the life of your child. All children look forward to this event with great anticipation. What makes it special is not so much the party food, but rather that it is their day, and the attention is focused on them. We ask that you bring in a cupcake (or other small treat) for each child with a candle for the birthday child.

Please be sure that each treat is the same and refrain from choosing more than one color. Every child will have an opportunity to celebrate a birthday in school. Teachers will be happy to arrange "Special Day" celebrations for children with summer birthdays. Please make arrangements for a celebration with the teachers ahead of time and check for allergies to specific foods.



Behavior Management Policy

Young children are in the process of learning how to communicate with others and to express their feelings. Often behaviors that are viewed as undesirable are a communication from a child about something that they want or need. Regarding behavior management, our goal is for children to develop increasing self-control, self-confidence, and to form satisfying relationships with peers and other members of the community. To this end, teachers will focus on positive behaviors and reinforce these as often as possible. Each classroom environment and routine will be age-appropriate in order to foster a joyful and nurturing experience for each child, which is conducive to positive behaviors. Along with positive reinforcement, teachers will redirect children as needed to help them make good choices. Teachers and children together will create class rules (e.g. keep hands and feet to our own bodies) in order to make the classroom environment safe and respectful for all. This process of creating and referring to class rules helps children to understand the expectations for behavior.

Along with the help of parents, we strive to understand a child's experience of being in school, and we will, to the extent possible, modify the classroom to accommodate the children's needs. Inappropriate behaviors will be responded to firmly and consistently with the aim of the child developing increasing self-control. Children will be treated with love, care, and respect at all times.

A child will be directed to a "rest-spot" when teachers determine that a child needs to "take a break." Examples of times when a child needs to take a break include engaging in aggressive behaviors and not responding to redirection by teachers. The rest-spot is not punitive; instead, it is a cozy quiet place that provides a moment to take a breath and reset. Children will be in the rest-spot for a maximum of one minute per year of age. Before rejoining the group, a teacher will speak with the child to make sure that the child understands the behavior expected of him/her.

Parents will be notified in cases of behaviors such as hitting and biting. Parents of recipients of hitting and biting will also be notified of the incident, with consideration for the confidentiality of involved families. Teachers will communicate with parents in case of disruptive or harmful behaviors and together we will develop a strategy to address these behaviors. If needed, parents may be advised to have a specialist observe a child for possible support services. If, after our school has made efforts to accommodate a child, the child's behavior continues to disrupt class or the child continues to harm other children, the child will be asked to leave the school.

Children will always be treated with respect. Any form of corporal punishment, abusive language, withholding or threatening to withhold food or access to the bathroom, shaming of child, isolating a child, or other punitive actions are prohibited.

Support for Students with Special Needs

Children learn and grow in their own individual ways. We strive to make the classroom a place of exploration, challenge and success for all of our students. In some cases, Special Education evaluations and/or services are recommended. Services may include, but are not limited to: Speech Therapy, Occupational Therapy, Physical Therapy or the assistance of a SEIT (Special Education Itinerant Teacher).

If a child in our school receives special education services, an educator from the team is selected to be the "team leader". In this role they will schedule meetings for all parents and pertinent educators, ensure that communication is maintained, and monitor progress toward educational goals. Please provide your child's teachers and the school director with any documentation you have (IEP, etc) to support us in specifically tailoring the classroom activities to your child's individual needs and strengths.

Health and Illness


Every child is required to have a physical examination by their own physician within one calendar year of the start of school each year.

If your child's temperature reads 100.4 or over during drop off, they will be sent home and we urge that you have them seen by their pediatrician and tested for COVID-19. They will be allowed back when they are fever free for 24 hours without meds or with a doctor's note.

A Department of Health Form is provided to each family in their enrollment packet. This must be filled out by your child's doctor and returned prior to the beginning of school. **YOUR CHILD CANNOT BE ADMITTED ON THE FIRST DAY OF SCHOOL WITHOUT A FULLY COMPLETED HEALTH FORM.**

- Your child should be kept home if they show any sign of illness and should come back to school only when they can participate in the full program of their class, both indoors and outdoors. We have no provisions for caring for children who are sick. Please notify the school as soon as possible if your child will not be in attendance because of an illness.
- If your child has had an illness lasting more than one week, a doctor's written consent is required for your child to return to school.

- When your child has been ill with a fever, they may not return to school until they are fever-free (**without fever-reducing medicine**) for at least **24 hours**.
- In case of contagious disease or exposure to contagion (i.e. chickenpox, pink eye, stomach virus, lice), parents are asked to notify the school immediately, even if this occurs during vacation periods within the school year.
- If your child has lice (or nits), they will not be allowed to remain in school. Teachers will do periodic head checks as prevention, but it is expected that a close eye is kept on the situation at home.
- If your child has a rash of unknown origin, they must be seen by a physician. A doctor's note saying that the child is not contagious is required in order for the child to return to school.
- A doctor's note is required before a child who has been suffering from diarrhea returns to school.
- If your child has ANY viral infection (all viral infections are highly contagious), they will not be allowed to come to school until a doctor has cleared it safe for them to return.



A doctor's note is required for your child to return to school after the following conditions:

- Any illness lasting more than one week
- Pink Eye
- Rash / Other skin irritations
- Chicken pox, scarlet fever, other highly contagious infections
- Diarrhea

The school will notify you if a teacher observes that your child has become ill during school hours and cannot fully participate in class activities. You will then be expected to arrange for your child to be picked up and promptly taken home.

Parents will be notified by the school if a child in the class has a contagious disease.

Safety and Emergencies

We take the utmost care to prevent emergencies from occurring. However, in the rare event of an emergency, it is important that our families know what to expect.

Emergency Contacts

Each family will be asked to complete emergency cards. In the event of any emergency or illness, you will be called. If you cannot be reached, the emergency contacts indicated on your cards will be called and asked to come pick-up your child. Bearing that in mind, be sure that your emergency contacts are close enough to respond quickly to an emergency.

Illness or Injury to A Child

Parents will be contacted to bring a child home promptly if emergency medical care is not deemed necessary. A sick or injured child will be transported to the hospital for emergency care if required. If it is necessary to call 911 for emergency personnel, parents will be called immediately afterward once help is on the way.

Missing Child

Our teachers take tremendous care that no child is ever left unattended. To prevent any confusion, children are not released to their caregivers or parents until they have been signed-out on the class sign-out form. In the event that it is realized a child is missing in the building, we will initiate lockdown procedures until the child is located.

During class trips, teachers constantly count (and recount) the children in their groups. If it is ever discovered that a child is missing on a trip, children will be re-grouped, and the immediate area searched for no longer than 3 minutes before calling 911 and alerting appropriate site authorities. The school director and parents will be called immediately after 911. The group will remain with one teacher while chaperones and staff conduct a search until the child is found.

Biting Policy

Biting is a normal stage of development, and frequently occurs in children just on the verge of fluent language. When it happens, it can be scary and frustrating for everyone involved. It simply means that a child is going through that particular stage in his or her development. As with all stages that children go through, biting usually diminishes over time. At the same time, for safety and health concerns, we take biting seriously. In situations where a child is routinely biting, our staff works with families to develop a school action plan to reduce biting incidents and help the child work through this stage of development. When biting happens, our response is to care for and help the child who was bitten, and then to help the biter learn other behaviors. Our focus is not on punishment of the biting, but on the effective techniques to address the reasons for biting.

Evacuation of the Building

Our school conducts fire drills during the school year in order to ensure that our staff and students know how to evacuate safely and quickly. In the event of an actual emergency, staff will evacuate children as planned moving them down the block past the school building. In cold weather, if possible children will enter the lobby of one of our neighboring buildings. In the event that it is not safe to stay in the immediate vicinity, KingsBayY will bring preschool, Pre-K, and 3-K children to Avenue W site to allow our students to wait there until they can be picked up by a caregiver or parent. In this event, families would be notified after evacuation was safely completed.

Sign and Return

Please tear off this page, then sign and return to the front desk.

I have read, understand and agree to comply with the policies and procedures laid forth in the JCC Brooklyn Clinton Hill Parent Handbook (2021-2022).

Child(ren)'s Name(s): _____

Parent Signature: _____ Date: _____

Parent Signature: _____ Date: _____